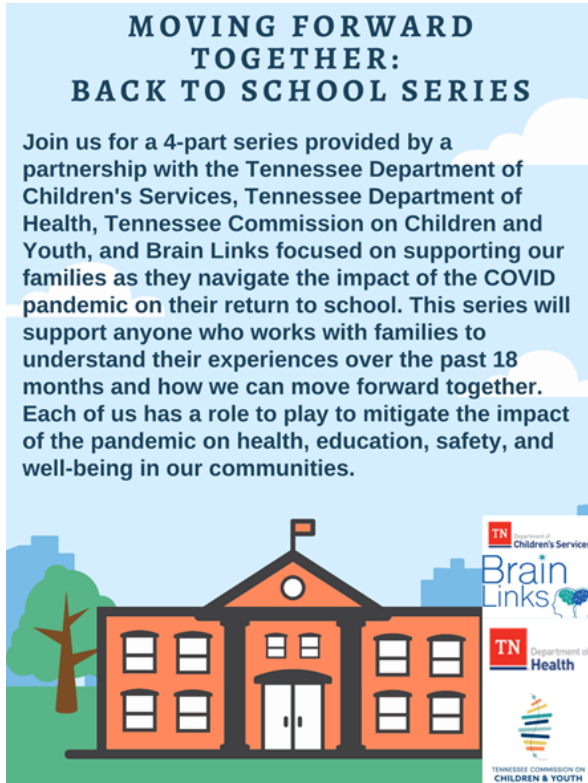


Strategies for Moving Forward Together: Return to School Series Resources

MOVING FORWARD TOGETHER: BACK TO SCHOOL SERIES

Join us for a 4-part series provided by a partnership with the Tennessee Department of Children's Services, Tennessee Department of Health, Tennessee Commission on Children and Youth, and Brain Links focused on supporting our families as they navigate the impact of the COVID pandemic on their return to school. This series will support anyone who works with families to understand their experiences over the past 18 months and how we can move forward together. Each of us has a role to play to mitigate the impact of the pandemic on health, education, safety, and well-being in our communities.



Impact of the Pandemic on Families
Intersections of Mental Health and Suicide
Building Resiliency through Brain Health
Putting the Pieces Together: Panel and Q&A

<https://vkc.vumc.org/vkc/triad/covid19/> TRIAD created resources for educators and caregivers related to COVID 19

<https://vkc.vumc.org/vkc/triad/fam/> TRIAD Families First Program, quick tip videos, archived webinars, and online learning providing practical tools for caregivers of children with ASD

<https://vkc.vumc.org/assets/files/vkc/doe-covid19-family.pdf> Family resources compiled by TN DOE partners (including TRIAD)

<https://vkc.vumc.org/assets/files/vkc/doe-covid19-educators.pdf> Educator resources compiled to TN DOE partners (including TRIAD)

[Tennessee Coordinated School Health](#)

[Active Students, Active Learners](#)

Help for Uninsured/Safety Net <https://www.tn.gov/behavioral-health/bhsn.html>

International Society for Traumatic Stress Studies <https://istss.org/home>

National Center on Domestic Violence, Trauma & Mental Health

<http://www.nationalcenterdvtraumamh.org/>

SAMHSA's National Center for Trauma-Informed Care

<https://www.traumainformedcare.chcs.org/resource/samhsas-national-center-for-trauma-informed-care/>

The National Child Traumatic Stress Network <https://www.nctsn.org/>

Child Trauma Academy (offers free courses in childhood trauma)

<https://www.childtrauma.org/>

Zero to Three program that offers training and resources for very small children and families <https://www.zerotothree.org/>

Trauma Resource Institute (a world wide organization to resources in trauma)

<https://www.traumaresourceinstitute.com/>

[Brain Health](#) - a Brain Health document and video from Brain Links

Brain Links website

- [webinar & podcast section](#)
- [For Professionals](#) website page.

Free Mental Health Screenings:

<https://screening.mhanational.org/screening-tools/?ref=MHAET>

Request a Suicide Prevention training from TSPN:

<https://tspn.org/trainings/request-training-now/>

Child Mind Institute <https://childmind.org/>

Free youth screening through TN Voices <https://tnvoices.org/youth-screen/>