

SECTION 1

PROGRAMS & RESOURCES YOU NEED TO KNOW



Programs & Resources You Need to Know

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[National Brain Injury Resources](#)



We want to hear from you!
Complete our short survey to let us know how we're doing.

Tennessee Programs

Tennessee Traumatic Brain Injury Program:

The Traumatic Brain Injury (TBI) Program was established by the Tennessee General Assembly to address the needs of those individuals who have sustained a brain injury, their families, and caregivers. TBI Program staff are available to respond to questions, make referrals and provide education and training. Initial contact with the TBI Program can be the first link in a chain of support for people with brain injury and their families.

- **TN Traumatic Brain Injury Service Coordination Program:** There are currently eight Service Coordinators located in various non-profit agencies across the state. The **Service Coordinator's** role is to work with persons with brain injury and their family to assess current needs. Service Coordination services are provided free of charge.
 - To learn more about service coordination please reach out to your local TBI Service Coordinator or call the TBI Hotline at 1-800-882-0611.
 - <https://www.braininjurytenn.org/services/service-coordinators>
- **Tennessee Virtual Traumatic Brain Injury Support Group:** For more information about the virtual support group or meetings in your area, **call the TBI Program at 800-882-0611.**
- **Traumatic Brain Injury Resources Directory and Resource Information Guide, Tennessee Department of Health:** The guide "...was designed to assist in locating programs, organizations, agencies, and services available across the state of Tennessee and the nation." Note that not all resources are in this guide. Also, check your local area for practitioners who work with people with TBI and/or check with your regional Service Coordinator (see resource above).
- **Tennessee Brain Injury Listserv:** "The state of Tennessee Brain Injury Listserv provides state and national information on traumatic brain injury, resources, services and supports. If you would like to join the free listserv please reach out to Ashley.N.Bridgman@tn.gov to be added."

Brain Injury Association of Tennessee (BIA of TN)

BIA of TN is committed to improving the quality of life of individuals, families, caregivers, and healthcare professionals impacted by brain injury by providing critical information, education, support, prevention, and advocacy through community-based, state, and national resources.



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Chattanooga Area Brain Injury Association of Tennessee (CABIA)

CABIA is dedicated to providing the highest quality services in order to prevent and increase the awareness of brain injuries and to achieve optimal outcomes for brain injury survivors. Further, we are committed to advocating on behalf of brain injury survivors and their family members in order for them to achieve the highest quality of life.

Disability Rights Tennessee:

Disability Rights Tennessee (DRT) is a nonprofit legal services organization that provides free legal advocacy services to protect the rights of Tennesseans with disabilities." They have limited areas of focus each year. See website to learn more.

Statewide Independent Living Council:

The Statewide Independent Living Council of Tennessee's mission is to promote Independent Living philosophies, practices and values and expand IL services across the state.

Tennessee Disability Coalition:

With Programs, Policy, And Purpose, We Are Creating A Society That Values, Includes, And Supports People With Disabilities.

Tennessee Disability Pathfinder:

Tennessee Disability Pathfinder ("Pathfinder") helps people with disabilities, their family members, educators, and other professionals find and access resources, support, and services available to meet their needs.

Tennessee Technology Access Program (TTAP)

The Tennessee Technology Access Program (TTAP) is a statewide program designed to increase access to, and acquisition of, assistive technology devices and services. Through its four core programs: Funding Assistance, Device Demonstration, Device Loan, and Device Reutilization, TTAP and a network of assistive technology centers help people with disabilities and their families find and get the tools that they need to live independent, productive lives where and how they choose.

- **Office Locator:** this link takes you to both community Tennessee Rehabilitation Centers and to Assistive Technology Centers by location.

Tennessee Vocational Rehabilitation:

Employment-focused supports for individuals with disabilities..."Individuals determined eligible for Vocational Rehabilitation (VR) services work closely with a VR Counselor to develop an Individualized Plan for Employment (IPE) which outlines a program of services that leads to successful employment."

Interested in learning more?

Visit Brain Links: www.tndisability.org/brain

TN TBI Program: <https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html>

Family Voices of TN (FVTN):

Family Voices connects families with each other and community resources, provides experienced parent mentors, tools to navigate complex systems in healthcare and insurance and more. Serves families and children across all diagnoses and all ages. Call or email: 615-383-9442 familyvoices@tndisability.org

Tennessee Respite Coalition:

The Tennessee Respite Coalition's mission is to enhance the quality of life for family caregivers through respite. They provide resources that enable caregivers to reclaim a little piece of themselves and restore balance to their lives and relationships. FAQs 615-269-8687.

NAMI Tennessee (National Alliance on Mental Illness):

NAMI Tennessee is a grassroots, non-profit, self-help organization made up of people with mental illness, their families and community members. We are dedicated to improving quality of life for people with mental illness and their families through support, education and advocacy.

Tennessee Coalition to End Domestic Violence & Sexual Violence:

The mission of the Coalition is to end domestic and sexual violence in the lives of Tennesseans and to change societal attitudes and institutions that promote and condone violence, through public policy advocacy, education and activities that increase the capacity of programs and communities to address such violence. For more information call 615-386-9406 or toll-free at 800-289-9018.

Tennessee Department of Mental Health and Substance Abuse Services

Tennessee Behavioral Health Safety Net:

If you are 3 years of age or older, have a qualifying mental health diagnosis, and have no behavioral health insurance, you may qualify for the Behavioral Health Safety Net (BHSN). Services provided by this program include assessment, evaluation, diagnostic, therapeutic intervention services, psychiatric medication management, labs related to medication management and pharmacy assistance, and coordination.

Tennessee System of Care:

"We help the child, youth, or young adult who: is between the ages of 0-21, is experiencing emotional or behavioral concerns that affect their daily life (i.e. having trouble in school, with their family, with peers or adults, with law enforcement, or children's services), is having difficulty or is at risk of psychiatric hospitalization, residential placement, or DCS custody, is willing and interested in participating (if under age 16, includes family)"

Interested in learning more?

Visit Brain Links: www.tndisability.org/brain

TN TBI Program: <https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html>

Tennessee Programs Financial

[Tennessee Family Support Program:](#)

Family Support funding may be available based on application and eligibility with a limit of up to \$4,000. FAQs "Services are designed to be flexible and responsive to individual or family needs. Services might include but are not limited to: respite care, before/after care, day care, home/vehicle modifications, specialized equipment/repair/maintenance, nutrition/clothing/supplies, personal assistance, transportation, homemaker services, housing costs, health related costs, nursing, counseling, summer camp, and evaluation. The program funds services and needs that are not covered by traditional resources."

[Victim's Compensation Fund:](#)

NOTE: you must apply for compensation **WITHIN ONE YEAR** after injury

[Criminal Injuries Compensation \(tn.gov\)](#)

[Healing Heads Foundation:](#)

Healing Heads Foundation's mission is to provide match-grant funding to eligible **Middle Tennessee** brain injury survivors so that they can participate in rehabilitation.

[Vista Points, Inc.](#)

Vista Points, Inc. is a non-profit organization that acts as a trustee for special needs trusts. It also offers resources on establishing special needs trusts, educational programs, and referrals to attorneys to assist families with creating special needs trusts.

[HelpHopeLive.org](#)

We support community-based fundraising for people with unmet medical expenses and related costs due to cell and organ transplants or catastrophic injuries and illnesses.



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National Brain Injury Resources:

[Centers for Disease Control and Prevention:](#)

Comprehensive site for Traumatic Brain Injury and Concussion resources: definitions, data, training and more.

[United States Brain Injury Alliance:](#)

Building state and national capacity to create a better future alongside individuals affected by brain injury. Currently 15 USBIA Chartered State Affiliates.

[Brain Injury Association of America:](#)

Comprehensive site with tools designed for people living with brain and service professionals, education and awareness, public policy, and more.

[Brainline:](#)

All about brain injury and PTSD" with topics specifically for people with TBI, caregivers, professionals, military and veterans and children with TBI.

[Brain Injury Alliance of New Jersey:](#)

Great resources (brain injury, concussion, sports concussion, living with brain injury, caregivers) for anyone including videos and webinars. BIANJ's mission is to "improve the quality of life for anyone impacted by brain injury by providing support, advocacy, and information while promoting brain injury prevention."

[Center for Brain Injury Resources and Training:](#)

Conducts research and training to improve the lives of children and adults with traumatic brain injury (TBI). CBIRT's research focuses on developing interventions to improve outcomes related to education, employability, and quality of life. Our training activities promote the use of best practices among educators and other professionals who serve individuals with TBI.



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Adverse Childhood Experiences, Centers for Disease Control and Prevention:

Adverse Childhood Experiences are not brain injuries, but they do result in developmental brain change. Having a number of ACEs make it more likely one will sustain a brain injury. The brain injury itself may have been an ACE.

Interested in learning more?

Visit Brain Links: www.tndisability.org/brain

TN TBI Program: <https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html>



We are resolute in our vision that
all persons with brain injury thrive
within their communities.

Support

We connect brain injured individuals and their caregivers to available support resources in their community.

Information

Brain injury requires specialized care and individual services. We provide crucial information for informed decisions.

Prevention

Brain injury is often preventable. We provide education and opportunities to advocate for change.

Sustainability

We are committed to supporting the Tennessee brain injury population by accessing grants and donor development.

THE VOICE OF

Help, Hope and Healing

Brain injury is not an event or an outcome. It is the start of a **misdiagnosed, misunderstood, under-funded** neurological disease.

Thank You!

We're here to help

Our mission is to bring together professionals to recognize the far-reaching and unique nature of brain injury and to improve services for survivors. If we can help you, please feel free to reach out!



Contact us:

tbi@tndisability.org

Check out our website:

www.tndisability.org/brain

Follow us on social media:

