

Concussion and Brain Injury in Students

Who needs to know?



Concussion is a mild Traumatic Brain Injury (TBI). A TBI during childhood may affect brain development. Children may experience changes in their health, thinking, and behavior that affect

- learning,
- self-regulation, and
- social participation, all of which are important to becoming a productive adult.

Proactive teamwork, quick response and effective communication are essential to help a child after brain injury to Return to Learn and Return to Play.

[cdc.gov/traumatic-brain-injury](https://www.cdc.gov/traumatic-brain-injury)

Immediately



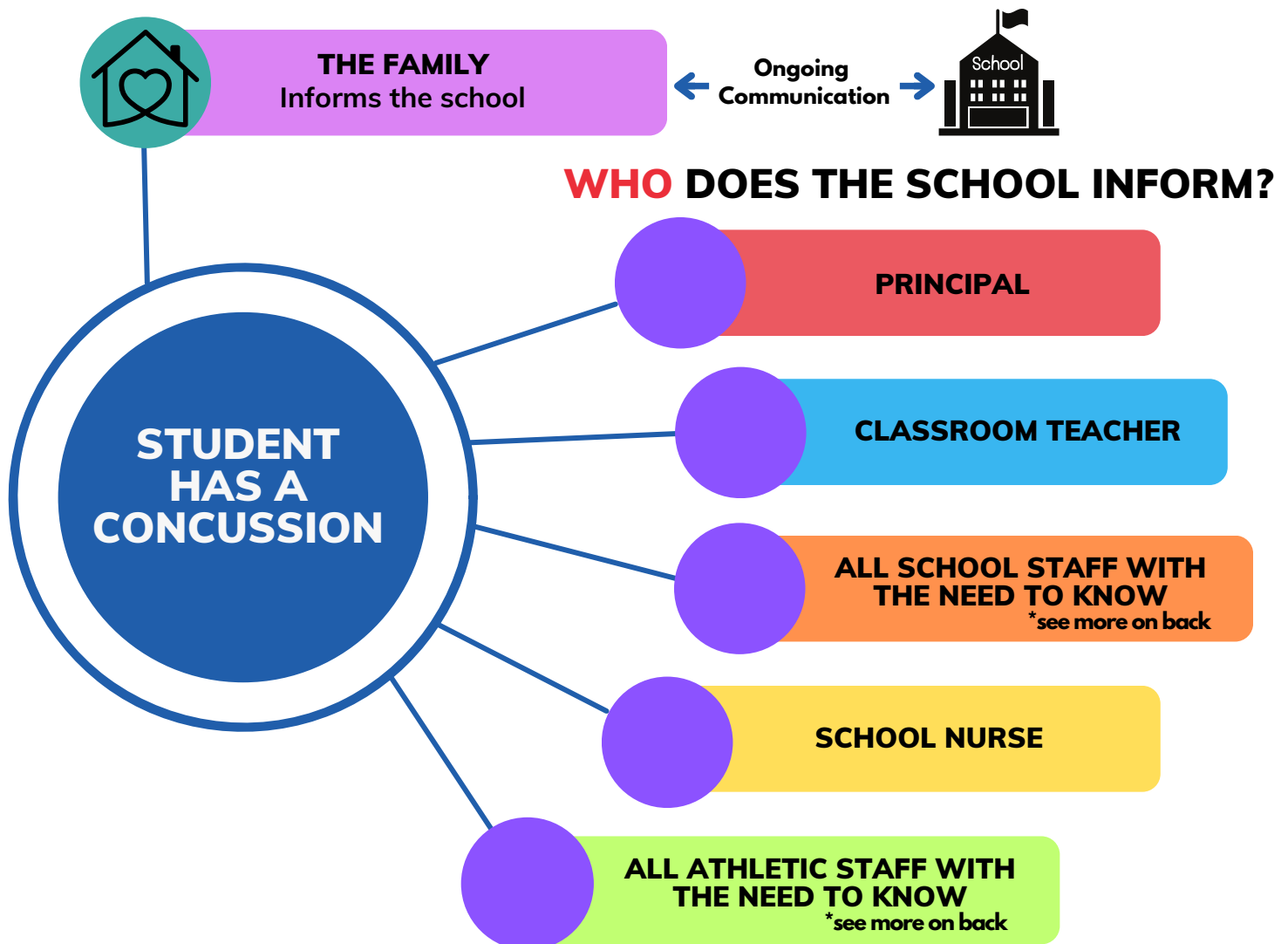
Injury Occurred **OUTSIDE** of school hours & activities

→ **Family** takes the lead

Injury Occurred **DURING** school hours & activities

→ **School** takes the lead

Ongoing communication is vital between family, school and medical team after an injury.



Ongoing communication remains vital between family, school and medical team until symptoms subside.

Injury occurred **OUTSIDE** of School Hours & Activities



The Family:

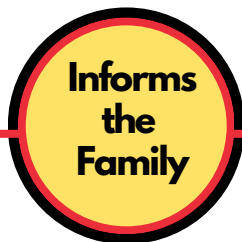
- seeks medical attention **IMMEDIATELY**
- follows care plan and watches carefully for changes
- **informs school** (principal, teachers, school nurse, counselors, etc.)
- for student athletes, informs **coaching staff** (school & community based)
- if symptoms persist, follows up for symptom-specific treatment



Complete updated concussion training. Know who to inform. Know your school's point person.

Injury occurred **DURING** School Hours & Activities

The School:



1

Seeks medical attention **ASAP** if needed

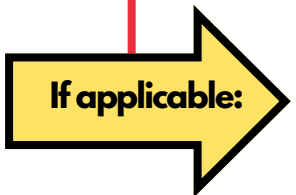
2

Identify a point person to lead the school team to follow concussion management plan



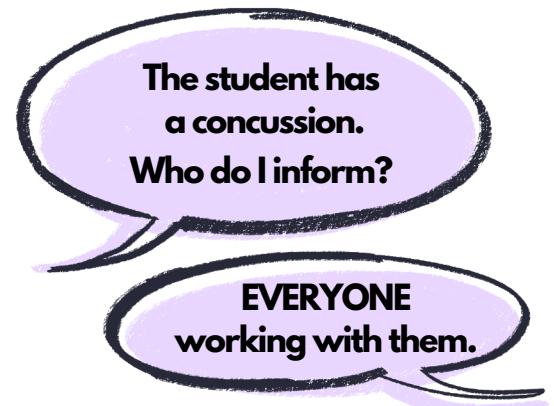
* School Staff with the need to know

- Principal
- Classroom Teachers
- School Nurse
- Staff working with student
 - Therapist (SLP, OT, PT)
 - Counselor



* Athletic Staff with the need to know

- Athletic Director
- Athletic Trainer
- Coach & Assistant Coach
- Physical Education Teacher
- Before & After School Program staff
- Preschool, Early Intervention



Return to Learn & Return to Play Concussion Resources

- [CBIRT Post Concussion Academic Accommodation Protocol](#)
- [REAP Community-based Concussion Management](#)
- [CDC HEADS UP concussion training & resources](#)
- [BrainSTEPS Brain Injury School Re-entry Consulting Program](#)
- [Concussion Awareness Now awareness & education](#)
- [Strategy for Return to School After Concussion flowchart](#)



[Tennessee Return to Learn/Return to Play: Concussion Management Guidelines](#)

[TSSAA Concussion Policy, Training & Forms](#)

[Brain Links](#)

[Brain Injury Toolkits](#)



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<https://www.tndisability.org/brain>

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