## JUVENILE SYMPTOMS QUESTIONNAIRE

## Name: \_\_\_\_\_

Date: \_\_\_\_\_

## In the past two months, how much have you been bothered by the following problems? Please only mark one box per item.

SECTION 1	I do not experience this problem at all	I experience this problem but it <b>does</b> <b>not bother me</b>	<b>I am mildly</b> <b>bothered</b> by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
Losing or misplacing important items (e.g., homework, backpack, phone)	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$
Forgetting what people tell me	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Forgetting what I've read	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Losing track of time	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Forgetting what I did yesterday	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Forgetting things I've just learned	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Forgetting class, practices, or appointments	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Forgetting to turn off the lights or your electronics (e.g., computer, game devices, etc.)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

SECTION 2	I do not experience this problem at all	I experience this problem but it <b>does</b> <b>not bother me</b>	<b>I am mildly</b> <b>bothered</b> by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
Trouble following conversations	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Remembering only one or two steps when someone is giving me instructions or directions	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Taking too long to figure out what someone is trying to tell me	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

SECTION 3	I do not experience this problem at all	I experience this problem but it <b>does</b> <b>not bother me</b>	<b>I am mildly</b> <b>bothered</b> by this problem	<b>I am moderately</b> <b>bothered</b> by this problem	I am extremely bothered by this problem
Difficulty concentrating	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Easily distracted	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty concentrating in noisy places	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty following conversations	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty concentrating on challenging tasks, such as homework or chores	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

SECTION 4	I do not experience this problem at all	I experience this problem but it does not bother me	<b>I am mildly</b> <b>bothered</b> by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
Saying things without thinking	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Doing things without thinking	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Not following directions	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Dominating conversations	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Interrupting when others are speaking	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

SECTION 5	I do not experience this problem at all	I experience this problem but it <b>does not bother</b> <b>me</b>	<b>I am mildly</b> <b>bothered</b> by this problem	<b>I am moderately</b> <b>bothered</b> by this problem	I am extremely bothered by this problem
Feeling physical pain (e.g., headache, body pain)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Getting enough sleep	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Feeling fatigued (extremely tired)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Feeling sensitive to light (bright lights bother my eyes)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Focusing my eyes	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Lacking depth perception	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

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SECTION 6	I do not experience this problem at all	I experience this problem but it does not bother me	<b>I am mildly</b> <b>bothered</b> by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
Difficulty understanding what people tell me	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty understanding what I've read	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty finding the right word when speaking	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty getting people to understand what I am trying to say	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty writing emails, papers, etc.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

SECTION 7	I do not experience this problem at all	I experience this problem but it does not bother me	<b>I am mildly</b> <b>bothered</b> by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
Difficulty getting to sessions on time (e.g., class, therapy, meetings)	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$
Difficulty starting important tasks first	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty starting tasks	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty switching from one task to another	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty completing tasks correctly	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty keeping up with time sensitive tasks (e.g., homework)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

SECTION 8	I do not experience this problem at all	I experience this problem but it <b>does not bother</b> <b>me</b>	<b>I am mildly</b> <b>bothered</b> by this problem	<b>I am moderately</b> <b>bothered</b> by this problem	I am extremely bothered by this problem
Difficulty deciding what to do when faced with a new problem.	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty changing my mind once I've made a decision	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Difficulty learning a new way of doing things	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Struggling to understand why people do things differently than me	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

SECTION 9	I do not experience this problem at all	I experience this problem but it does not bother me	<b>I am mildly</b> <b>bothered</b> by this problem	I am moderately bothered by this problem	I am extremely bothered by this problem
Feeling anxiety (e.g., panic, wound up)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
<b>Feeling irritation</b> (e.g., angry, pissed off)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Crying easily (e.g., teary-eyed, weepy)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Feeling depression (e.g., blue, unhappy)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Feeling traumatized (e.g., disturbed, troubled)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
<b>Overreacting to events</b> (e.g., getting upset, throwing a fit)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$