LIBERTY. NOT LIMITS.
DDH 2025

Disability Day on the Hill

VIRTUAL CHECK LIST

Complete the checklist, email us at: ddh@tndisability.org by end of day on March 12th, 2025. 3 people will be randomly selected to win a $20 Amazon Giftcard, sent out after the event.

- [ ] Text TEAMWORK to 72690
- [ ] Send your Representative and Senator an email
- [ ] Take a selfie and post it on social media tagging @tndisability
- [ ] Send Representative Michael Hale an email: rep.michael.hale@capitol.tn.gov
  - Thank him for his support
  - Tell him about yourself

Your Name:

Your Email, for an emailed gift card: